

Executive Summary

[Adapted from the report by MADAM SIN LIAN THYE]

Review Group Membership

MaHTAS Reviewer:

Madam Sin Lian Thye
Dr. Junainah Sabirin
Datin Dr. Rugayah Bakri

Disclaimer:

Technology review is a brief report, prepared on an urgent basis, which draws on restricted reviews from analysis of pertinent literature, on expert opinion and / or regulatory status where appropriate. It is subjected to an external review process. While effort has been made to do so, this document may not fully reflect all scientific research available. Additionally, other relevant scientific findings may have been reported since completion of this review.

For further information please contact:

Health Technology Assessment
Section (MaHTAS)
Medical Development Division
Ministry of Health Malaysia
Level 4, Block E1, Precinct 1
Government Office Complex
62590 Putrajaya.

Tel: 603 8883 1246

Fax: 603 8883 1230

Available at the following website:
<http://www.moh.gov.my>

Introduction

Wellness is a state of optimal well-being that is oriented toward maximizing an individual's potential. This is a life-long process of moving towards enhancing your physical, intellectual, emotional, social, spiritual, and environmental well-being.

Alternative approaches to wellness are often denoted by the use of two different phrases: health and wellness, and wellness programs. These kinds of wellness programs offer alternative medicine techniques to improve wellness. Whether these techniques actually improve physical health is controversial and a subject of much debate. This review was to evaluate the Nagaiki 9000 upon the request from the Principal Assistant Director, of Engineering Division, based on the request from the company to sell this technology in Sabah.

Objective/Aim

To assess the safety, effectiveness and cost-effectiveness of Nagaiki 9000 for Wellness programme.

Results and Conclusions

There was no retrievable evidence on the safety, effectiveness and cost effectiveness of Nagaiki 9000.

Methods

Electronic database which include Pubmed, Medline, Cochrane database systematic reviews via Ovid search engine, HTA Databases, Horizon Scanning databases and FDA website were search. The distributing company was inevitably contacted to provide any available scientific