

AKHBAR : BERITA HARIAN

MUKA SURAT : 8

RUANGAN : PRIHATIN

DILEMA GADIS TIADA CAP JARI

Penyakit Noor Shahira jarang dikesan, sukar diubati

(FOTO AIZUDDIN SAAD/BH)

Serdang: Noor Shahira Redzuan, 17, gadis dengan kulit tebal ber-sisik dipercayai menghidap penyakit 'palmoplantar keratoderma' yang berpunca daripada keturunan, sangat jarang dikesan di negara ini dan sukar diubati.

Pakar dermatologi dari Hospital Serdang, Dr Kartini Farah Rahim, yang merawat remaja itu turut mendapati Noor Shahira mempunyai simptom sama dengan lima kes ditemuinya sepanjang lima tahun mengendalikan unit penyakit kulit di hospital berkenaan.

"Penyakit ini berpunca daripada genetik, biasanya dikesan sejurus pesakit lahir atau ketika masih bayi, manakala bukan genetik biasanya dikesan ketika meningkat dewasa. Ada juga berpunca daripada salah susunan gen dalam pembentukan kulit atau mutasi genetik spontan yang tidak dikesan

pada ahli keluarga lain.

"Punca sebenar perubahan genetik tidak dapat dikenal pasti dan memerlukan kajian seperti biopsi kulit serta prosedur genetik tertentu. Faktor persekitaran, pencemaran udara, pemakanan, geografi dan masalah penyakit kulit lain turut memainkan peranan dalam penentuan genetik seseorang.

Lakukan kajian lanjut

"Bagaimanapun, kajian perlu dilakukan di luar negara kerana belum ada kemudahan makmal genetik awam yang mencukupi di negara ini. Kajian genetik di luar negara memerlukan kos tinggi, tapi bagus untuk menentukan punca penyakit, tindak balas ubat dan rawatan paling sesuai," katanya.

Penderitaan Noor Shahira dilaporkan BH selepas gadis itu tiada cap jari dan gagal mendapat lesen

memandu. Dia dirujuk kepada Dr Kartini Farah pada Khamis lalu sebelum menjalani pembedahan kecil untuk mengambil sampel sel bagi mengesahkan jenis penyakitnya.

Mengenai keberkesanan rawatan, Dr Kartini Farah berkata, ia bergantung kepada jenis keratoderma itu dengan sesetengah kes mengambil masa beberapa bulan untuk sembuh, manakala ada kes lebih sukar pulih, khususnya jenis genetik.

"Ubat sedia ada boleh melegakan, meredakan ketebalan serta keretakan kulit. Ada pihak kaitkan perubahan mutasi genetik ini dengan sumpah sehingga ambil ikhtiar lain, termasuk mandi air laut atau minyak kelapa dara, namun kebarangkalian sembuh bergantung kepada jenis, tahap, kesesuaian dan rawatan," katanya.



Dr Kartini Farah (kiri) memberi penerangan kepada Noor Shahira (tengah) ketika menerima rawatan di Hospital Serdang.

AKHBAR : BERITA HARIAN
MUKA SURAT : 7
RUANGAN : PENGUATKUASAAN

30 akaun Facebook jual produk dilarang

➔ Tiga pemilik dikenakan tindakan dalangi jualan kosmetik tanpa kelulusan kementerian

Oleh Zuliaty Zulkiffli
 bhnews@bh.com.my

Alor Setar

Jabatan Kesihatan Kedah mengesan sekurang-kurangnya 30 akaun laman sosial milik syarikat dan individu berpusat di negeri ini, mendalangi penjualan pelbagai produk kecantikan dan ubat-ubatan tanpa notifikasi dan kelulusan Kementerian Kesihatan.

Ketua Cawangan Penguat Kuasa

Bahagian Perkhidmatan Farmasi-nya, Mokhtar Abdullah, berkata daripada 30 akaun Facebook yang dipantau itu, tiga daripadanya sudah dikenakan tindakan pada tahun lalu.

Tanpa menamakan tiga akaun yang menjalankan jualan secara terus itu, beliau berkata, penjualan produk kosmetik perlu mempunyai notifikasi Kementerian Kesihatan, selain kelulusan penjualan ubat-ubatan sebelum boleh digunakan pengguna.

Katanya, hal itu penting bagi mengelak penjualan produk kosmetik dan ubat-ubatan yang berisiko mengundang bahaya terutama yang dikhuatiri mengandungi bahan terlarang seperti asid aselaik, hydroquinone, tretinoin dan merkuri atau raksa.

"Sehingga kini 11 produk kosmetik termasuk yang berjenama sudah ditarik balik notifikasi kerana disahkan mengandungi racun berjadual terbabit, khususnya raksa yang bukan sahaja berisiko

Info

Senarai 11 produk mengandungi racun berjadual dibatalkan notifikasi KKM

- ➔ Qu Putih Whitening Pro 9 (Merkuri)
- ➔ Melan: Off Intensive Mask (Asid Azelaik)
- ➔ Melan: Off Maintenance Cream (Asid Azelaik)
- ➔ Afrina Daily Cream (Merkuri)
- ➔ Afrina Night Cream (Merkuri)
- ➔ Krim Herba Kemboja (Merkuri)
- ➔ Day Pinky Cream (Merkuri)
- ➔ Night Glow Cream (Hydroquinone dan Tretinoin)
- ➔ Mekar Semilu Scrub Muka - Mutiara Beauty Collection (Merkuri)
- ➔ Mekar Semilu Cream - Mekarsutra (Merkuri)

merosakkan kulit tetapi boleh mengakibatkan kecacatan pada bayi,

"Penggunaan raksa berlebihan khususnya dalam penghasilan produk pencerah kulit membolehkan hasil diperolehi dalam waktu singkat, namun mengundang bahaya jika digunakan dalam tempoh lama," katanya kepada pemberita di sini, semalam.

Diseludup dari negara jiran

Mokhtar berkata, kebanyakan produk dijual menerusi laman sosial dipercayai diseludup dari negara jiran dengan kuantiti sedikit sebelum dibungkus semula untuk jualan kepada pengguna tanpa meletakkan label dan kandungan digunakan untuk penghasilannya.

"Pengguna biasanya mudah terpedaya membeli produk di laman sosial khususnya untuk memiliki kulit cerah tanpa memikirkan langsung kesan bahaya, menyebabkan produk kosmetik, kesihatan atau ubat-ubatan tanpa notifikasi berlambak dalam pasaran.

"Kita ambil contoh produk berasaskan sabun dan krim rawatan wajah untuk penggunaan siang dan malam, ia antara produk yang mengandungi raksa dalam kuantiti banyak sehingga melebihi had dibenarkan," katanya.

Mokhtar percaya, pengusaha produk mengambil kesempatan atas tahap kesedaran pengguna yang rendah berkaitan bahaya raksa sebagai agen pemutihan dengan mempergiatkan pengeluaran produk yang pelbagai.

"Kita nasihatkan pengguna berhati-hati ketika membeli produk di pasaran dan mereka boleh mendapatkan notifikasi produk kosmetik melalui pengedar, selain membuat semakan dalam laman KKM.

"Pihak kami khususnya Unit Siber sentiasa memantau laman sosial yang menjalankan perniagaan barangan terbabit dan jika didapati ada yang melakukan kesalahan, tindakan tegas akan diambil menggunakan saringan undang-undang," katanya.

AKHBAR : HARIAN METRO

MUKA SURAT : 11

RUANGAN : SETEMPAT

Tumpat

16 klinik desa bakal dinaik taraf

Sebanyak 16 klinik desa di negeri ini yang terletak di kawasan rendah dan kerap terjejas akibat banjir akan dinaik taraf menjadi klinik kesihatan.

Timbalan Menteri Kesihatan Datuk Seri Dr Hilmi Yahaya berkata, kerajaan memperuntukkan RM5 juta bagi setiap klinik untuk tujuan berkenaan.

"Lima klinik ini terletak di Kuala Krai, Machang (tiga), Gua Musang (tiga), Pasir Mas (dua), Tanah Merah (dua) dan Tumpat (satu).

"Di seluruh Kelantan, terdapat 176 klinik desa yang beroperasi," katanya ketika ditemui selepas mendengar taklimat operasi banjir di Pusat Latihan Hospital Tumpat, di sini, semalam.

Susulan banjir sejak seminggu lalu, beliau berkata, terdapat empat fasiliti kesihatan ditenggelami air iaitu Klinik Kesihatan Rantau Panjang dan Klinik Kesihatan Kubang Kual di Pasir Mas, Klinik Kesihatan Ketereh di Kota Bharu dan Klinik Desa Simpang Empat di Tumpat.

Katanya, 391 anggota



DR Hilmi

pasukan kesihatan dan 427 kakitangan perubatan yang digerakkan ke pusat pemindahan sudah memeriksa 3,305 mangsa di 106 pusat pemindahan sementara.

"Jabatan Kesihatan Kelantan sudah mengaktifkan Bilik Gerakan Banjir pada 31 Disember lalu manakala kesemua hospital juga diarahkan bersiap sedia untuk menempatkan pesakit berisiko seperti ibu hamil dan pesakit hemodialisis yang tinggal di kawasan terjejas banjir," katanya, semalam.

AKHBAR : NEW STRAITS TIMES

MUKA SURAT : 4

RUANGAN : NATION / NEWS

TERENGGANU

'No dengue, cholera, dysentery, typhoid or gastroenteritis cases'

KUALA TERENGGANU: Despite widespread flooding, Terengganu has been given a clean bill of health.

State Health Department director Dr Mohamad Omar said there were no cases of vector-borne, contagious or communicable diseases reported over the week-long monsoon floods which inundated many low-lying areas and villages.

"Except for ordinary illnesses such as the common cold, fever and minor ailments, no one has been diagnosed with serious illnesses like dengue, cholera, gastroenteritis, typhoid or dysentery.

"I would like to commend the excellent work carried out by health officers in ensuring that flood relief centres are kept clean and hygienic at all times.

"This proactive action has reaped positive results."

More than 12,000 people were displaced at nearly 300 relief centres during the height of the floods, which disrupted schools and caused massive traffic jams in the rural areas.

Dr Mohamad said the local authorities had ensured that garbage was disposed properly and health officers had focused on preventing mosquito breeding sites.

He said more than 90 medical teams, with five members in each team, were monitoring the health of evacuees at relief centres.

"These officers also carry out health checks on evacuees before they returned to their homes," he said.



Terengganu Health Department officers performing a health check on a flood victim at the flood relief centre in Kampung Nibong, Hulu Terengganu, yesterday.
PIC BY MOHD SYAFIQ RIDZUAN AMBAK

AKHBAR : NEW STRAITS TIMES

MUKA SURAT : 5

RUANGAN : NATION / NEWS

BOTCHED CIRCUMCISION

Ministry
further probe
into case of
10-year-old

PUTRAJAYA: The Health Ministry is conducting further investigations into the case involving a 10-year-old boy from Sungai Buloh who experienced complications following a mass circumcision.

It was reported that the boy's penis bled after the procedure, and he had to use a urine bag.

Health director general Datuk Dr Noor Hisham Abdullah warned that health practitioners who performed circumcisions must be responsible and competent.

"Although a circumcision is a minor procedure, complications can be severe and devastating for the patient. The ministry reminds health practitioners who perform circumcisions that they are responsible for ensuring they are competent and have the experience."

Each practitioner who performs the procedure is liable for complications that may arise," he said yesterday.

The boy was circumcised in a ceremony at a surau near his home on Nov 25.

He was brought to Selayang Hospital's Emergency Department two days later after his parents were advised to bring him in.

"The boy's parents noticed that there was bleeding from the circumcision wound, with urine being passed from a coronal fistula on the distal penile shaft (urine was flowing from a false opening at the lower part of the penis) due to an injury to the urethra," said Dr Noor Hisham.

"Upon examination at the hospital, it was noted that there was no active bleeding in the penis, as had been reported in the media."

The boy's parents were informed that surgery should be carried out, preferably after swelling had subsided and the vascularity to the glans penis improved. The corona fistula will be repaired via surgery once the surrounding tissues have healed.

The boy was reviewed three times a day while admitted at Selayang Hospital. However, his parents sought a second opinion from a private hospital and opted for an "at own risk" discharge.



Datuk Dr Noor Hisham Abdullah

AKHBAR : THE STAR

MUKA SURAT : 4

RUANGAN : NATION

Parents want boy in botched circumcision out of hospital

PETALING JAYA: The parents of the boy involved in the third botched circumcision case have decided to ask for a discharge from the Selayang Hospital where he was being treated.

Health director-general Datuk Dr Noor Hisham Abdullah said the 10-year-old boy was brought to the hospital's emergency department two days after undergoing a mass circumcision ceremony at a *surau* near his home on Nov 25.

The parents, Dr Noor Hisham said, had noticed bleeding from the circumcision wound with urine being passed from a coronal fistula on the distal penile shaft (the false opening at the lower part of his penis) due to an injury to the urethra.

"Upon examination, it was noted that there was no active bleeding in the penis as reported in the media," he said in a statement here yesterday.

The parents, he added, were informed by the consultant paediatric urologist that surgical treatment should preferably take place after the swelling had subsided and the vascularity (veins) to the penis glans improved.

"The corona fistula will then be repaired through surgery once the surrounding tissues have healed. The boy was reviewed three times a day while in the ward," he said.

The parents, said Dr Noor Hisham, then decided to seek a second opinion from a specialist at a private hospital and asked for a discharge at their own risk.

The hospital, he added, had provided the parents with a memo to the medical facility concerned, outlining the boy's status.

"They also informed the parents that they could come back for follow-up consultation at the hospital at any time," he said.

On Sunday, it was reported that the boy, who was later sent to a private hospital and underwent three unsuccessful surgeries, now had to use a catheter and a urine bag after severe damage to his penis.

"The ministry is currently carrying out further investigation of this case," said Dr Noor Hisham.