

AKHBAR : BERITA HARIAN
MUKA SURAT : 28
RUANGAN : KESIHATAN

350,000 individu jalani saringan tibi berperingkat



Dr S Subramaniam

• Tumpuan dilakukan sejak awal tahun di kawasan berisiko tinggi

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■ Putrajaya

Kementerian Kesihatan menyasarkan sekurang-kurangnya 350,000 orang menjalani saringan penyakit tuberkulosis (tibi) atau batuk kering di seluruh negara secara berperingkat bagi mengekang penularan penyakit itu.

Menterinya, Datuk Seri Dr S Subramaniam, berkata saringan terbabit sudah dilakukan sejak awal tahun ini dengan tumpuan diberi terhadap kawasan panas berisiko tinggi seperti di Sabah.

Katanya, setiap tahun sebanyak 23,000 kes membatitkan penyakit

tibi dilaporkan dan 13 peratus daripadanya adalah warga asing.

Pendatang tanpa saringan

"Kebanyakan pendatang asing tanpa izin yang masuk ke negara ini melalui Sabah tidak menjalani saringan sama ada di negara mereka atau di sini."

"Sebab itu, Sabah menjadi kawasan panas dan berisiko tinggi mendapat penyakit tibi. Antara mereka yang berisiko tinggi menghidap penyakit ini ialah warga tua dan individu berpenyakit lain seperti diabetes," katanya pada sidang media selepas Majlis Anugerah Pertandingan Kemahiran Tangan Emas Datuk Seri Dr S Subramaniam, di kementeriannya,

di sini, semalam.

Yang turut hadir, Pengarah Unit Khas Program Pembangunan Sosio-Ekonomi Masyarakat India (SE-DIC) Jabatan Perdana Menteri (JPM), Prof Datuk Dr NS Rajendran dan Pengurus Pusat Latihan Kemahiran India Malaysia, Datuk Ibrahim Shah Sahul Hamid.

Dr Subramaniam turut menasihahkan orang awam yang mengalami simptom batuk berpanjangan selama dua minggu supaya menjalani saringan di klinik berdekatan.

"Bagi orang awam yang datang ke klinik, kita akan buat pemeriksaan seperti mengambil dahak untuk melihat sama ada mempunyai tanda penyakit tibi atau sebaliknya."

"Jika pihak klinik tidak berpuas hati dengan keputusan itu, mereka akan membuat pemeriksaan tambahan lagi seperti imbasan sinar-X," katanya.

207 murid jalani saringan

Sementara itu, mengulas isu pelajar Maktab Rendah Sains Mara (MRSM) Taiping dil kesan menghidap tibi, Dr Subramaniam berkata, pihaknya sudah menjalankan saringan ke atas 207 murid di sekolah itu.

Selain itu, katanya, langkah pengecualian juga sudah diambil termasuk memastikan keadaan persekitaran bersih dan mempunyai pengudaraan baik supaya penularan penyakit dapat dicegah pada masa depan.

[FOTO ROSDAN WAHID/BH]



Dr Hilmie (dua dari kiri) bersama Pengurus FFM Malaysian Food Manufacturing Group, Adnan Pawanteh (kiri) menunjukkan Logo Pilihan Lebih Sihat selepas pelancarannya di Shah Alam, semalam.

Logo HCL bantu rakyat pilih makanan sihat

Shah Alam: Kementerian Kesihatan melancarkan Logo Pilihan Lebih Sihat (HCL) pada produk makanan dan minuman bagi memudahkan masyarakat memilih produk lebih sihat.

Timbalan Menterinya, Datuk Seri Dr Hilmie Yahaya, berkata penggunaan logo HCL itu dapat meningkatkan kesedaran rakyat mengenai kepentingan membaca label pada bungkus makanan.

Katanya, HCL juga membantu pengguna memberangkan produk berkualiti bagi kategori produk sama.

"Penggunaan logo HCL

ialah antara inisiatif dipерkenalkan kerajaan dengan kerjasama pihak industri makanan.

8 kategori HCL

"Ada lapan kategori HCL iaitu bagi produk bijiran, daging dan ayam, ikan dan produk ikan, buah dan sayuran, tenusu dan produk tenusu, minuman, sup, sos serta campuran segera dan lemak serta minyak," katanya pada sidang media Majlis Pelancaran Logo HCL, di sini, semalam.

Yang turut hadir, Timbalan Ketua Pengarah Kesihatan Awam, Datuk Dr Lokman

Hakim Sulaiman dan Pengarah Kesihatan Selangor, Datuk Dr Zailan Adnan.

Sementara itu, Dr Hilmie berkata, pihaknya sedang membangunkan satu sistem dalam talian yang dijangka mula beroperasi September ini, bagi memudahkan syarikat pengeluar makanan membuat permohonan mendapatkan logo HCL.

"Dengan adanya sistem ini, proses permohonan mendapatkan logo HCL akan lebih cepat dan mudah, selain meningkatkan pengeluaran makanan dan minuman sihat," katanya.

AKHBAR : HARIAN METRO**MUKA SURAT : 26****RUANGAN : SETEMPAT**

Hanya seorang dijangkiti H1N1

Putrajaya: Kementerian Kesihatan (KKM) mengesahkan hanya seorang murid prasekolah di Sekolah Kebangsaan Seri Tasik Cheras, Kuala Lumpur disahkan positif influenza A (H1N1), manakala empat lagi bebas daripada virus berkenaan.

Ketua Pengarah Kesihatan Datuk Dr Noor Hisham Abdullah berkata, seramai lima murid dimasukkan ke wad bagi mendapat rawatan lanjut selepas dikesan mempunyai jangkitan saluran pernafasan, namun tiga daripada mereka sudah dibenarkan pulang ke rumah masing-masing.

Sementara itu, dua lagi masih dirawat di hospital, dan mereka beransur pulih, dengan gejala yang dikesan dalam kalangan mereka yang disaring adalah demam, batuk dan selesema.

"Ujian makmal yang dijalankan ke atas sebahagian daripada kes bergejala itu mendapati hanya seorang murid dikesan positif H1N1,



DR Noor Hisham

manakala sampel kes lain yang diuji adalah negatif bagi ujian pengesan virus influenza," katanya.

Dr Noor Hisham berkata, sehingga kini, kes yang dikesan hanya membabitkan kelas prasekolah saja, dan kelas terbabit ditutup selama dua hari pada 17 dan 18 April.

Katanya, ia bagi memberi laluan kepada kerja pembersihan dan nyah kuman yang dilaksanakan secara bersama oleh pihak sekolah dengan pasukan dari Pejabat Kesihatan Cheras.

AKHBAR : HARIAN METRO

MUKA SURAT : 44

RUANGAN : SETEMPAT



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Putrajaya

Kementerian Kesihatan sedang melaksanakan proses saringan penyakit tibi atau batuk kering secara besar-besaran di seluruh negara bermula Januari lalu.

Menteri Kesihatan Datuk Seri Dr S Subramaniam berkata, proses saringan itu dilakukan bagi menggesa tahap keseriusan penyakit batuk kering di negara ini bagi tujuan pemantauan dan kawalan.

Beliau berkata, pihaknya menyasarkan 350,000 rakyat Malaysia dan warga asing menjalani proses saringan itu dengan tumpuan khusus di Sabah.

"Proses saringan ini bertujuan mengurangkan risiko penyakit berkenaan di negara ini," katanya pada sidang media selepas menyampaikan Anugerah Pertandingan Kemahiran Tangan Emas Piala Datuk Seri Dr S Subramaniam di menterianya, di sini, semalam.

Beliau juga menasihatkan orang ramai mendapatkan rawatan segera di hospital sekiranya mengalami batuk berpanjangan melebihi dua minggu.

Dr Subramaniam berkata, sebanyak 23,500 kes tibi dilaporkan di seluruh negara setiap tahun dengan 13 peratus daripadanya memba-

Saringan skala besar

■ *Usaha kurangkan risiko penyakit tibi di negara ini*

bitkan warga asing.

Menurutnya, penyakit itu merebak melalui pelbagai cara termasuk disebarluaskan oleh pekerja asing yang tidak melalui saringan perubatan yang diwajibkan ke atas mereka.

"Penyakit itu merebak melalui udara. Antara tanda penyakit tibi ialah batuk berpanjangan melebihi dua minggu, demam, berpeluh waktu malam, kurang selera makan, susut berat badan dan batuk berdarah," katanya.

Dalam perkembangan sama, Dr Subramaniam berkata, sehingga semalam seramai 207 daripada 388 pelajar Maktab Rendah Sains Mara (MARA) Taiping sudah menjalani saringan susulan seramai 11 pelajar di sekolah itu yang dikesan positif penyakit tibi.

Berdasarkan laporan, seramai lapan pelajar lelaki dan

tiga pelajar perempuan dijangkiti penyakit berkenaan. "Kami tidak pasti dari mana mereka mendapat penyakit berkenaan sama ada di dalam atau di luar sekolah," katanya.

Media semalam melaporkan seramai 11 pelajar MRSN Taiping dikesan dijangkiti penyakit tibi bermula Jun tahun lalu sehingga kelmarin.

Menurut Pengurus Jawatankuasa Kesihatan, Pengangkutan Awam, Hal Ehwal Bukan Islam, Integrasi Nasional dan Kampung Baru Perak Datuk Dr Mah Hang Soon, kes pertama dikesan pada Jun tahun lalu apabila seorang pelajar lelaki mengalami

simptom batuk berdarah sebelum disahkan menghidap penyakit itu pada 18 Ogos tahun sama.

"Daripada 11 kes yang dilaporkan, kes terbaru direkodkan pada 4 April lalu," katanya.

FAKTA
Kementerian Kesihatan
sasar 350,000 rakyat
Malaysia dan warga asing
jalani proses saringan

AKHBAR : SINAR HARIAN**MUKA SURAT : 16****RUANGAN : NASIONAL**

Ujian saringan tibi ke atas 350,000 rakyat Malaysia, warga asing

PUTRAJAYA - Kementerian Kesihatan mengadakan ujian saringan terhadap 350,000 rakyat Malaysia dan warga asing di kawasan berisiko tinggi bagi mengesan penyakit batuk kering atau tuberkulosis (tibi) sejak Januari tahun ini.

Menyerinya, Datuk Seri Dr S Subramaniam berkata, sejumlah 23,000 kes tibi dilaporkan di Malaysia setiap tahun sejak beberapa tahun lalu terutama melibatkan warga emas yang berpenyakit kronik seperti diabetes dan golongan berimun rendah.

"Ada warga asing memasuki negara secara haram

dan tidak melalui saringan perubatan diwajibkan di negara asal dan di Malaysia. Ini risiko tinggi kerana 13 peratus pesakit tibi adalah warga asing.

"Jadi, kementerian sedang menjalankan saringan ini secara serius dan agresif terhadap golongan berisiko menggunakan sinar-X," katanya di sini, semalam.

Mengulas kes 11 pelajar MRSM Taiping yang dikesan menghidap tibi sejak Jun 2016 hingga bulan ini, beliau berkata, lapan pelajar lelaki dan tiga perempuan dikesan positif, dan sedang mendapatkan rawatan.



Foto : BERNAMA

Subramaniam bergambar bersama pelajar kemahiran dari Kolej Genius pada Majlis Pertandingan Kemahiran Tangan Emas Gabungan Pusat Latihan Kemahiran India Malaysia, semalam.

"Pada masa sama, kementerian juga sedang menjalankan siasatan bagaimana penyakit tibi itu boleh merebak ke MRSM. Kami

nasihatkan pihak sekolah untuk buat perubahan tertentu agar kuman tibi tidak berjangkit kepada pelajar lain," katanya. - Bernama

AKHBAR : UTUSAN MALAYSIA
MUKA SURAT : 14
RUANGAN : DALAM NEGERI

Unit kecemasan hospital sesak kendali kes biasa

KUALA LUMPUR 20 April - Kesesakan yang berlaku di unit kecemasan di kebanyakan hospital kerajaan di negara ini antaranya dikenal pasti berpunca daripada pesakit biasa mendapatkan rawatan di situ selepas waktu kerja.

Timbalan Menteri Kesihatan, Datuk Dr. Hilmi Yahaya berkata, pihaknya mendapati kebanyakan pesakit yang datang ke unit kecemasan untuk mendapatkan rawatan bagi penyakit biasa seperti demam ringan, batuk dan selesema, cirit birit dan sebagainya selepas waktu kerja.

"Keadaan ini menimbulkan kesulitan kerana doktor terpaksa melihat kes-kes sebegini sehingga menyebabkan pesakit terpaksa menunggu terlalu lama sekali gus unit kecemasan menjadi sesak,"

katanya menjawab soalan tambahan Senator Datuk Abdullah Mat Yasin pada sesi soal jawab dalam persidangan Dewan Negara hari ini.

Hilmi berkata, Kementerian Kesihatan telah melanjutkan waktu operasi perkhidmatan pesakit luar di hospital kerajaan bagi mengatasi masalah kesesakan dan tempoh menunggu yang lama.

"Kami juga membuat bayaran locum sebanyak RM60 sejam kepada doktor-doktor yang bertugas lebih masa untuk merawat kes-kes demikian," katanya.

Dalam pada itu Hilmi berkata, peruntukan bagi pembinaan hospital baharu dan projek sambungan diluluskan bagi tahun ini adalah sebanyak RM177.2 juta.

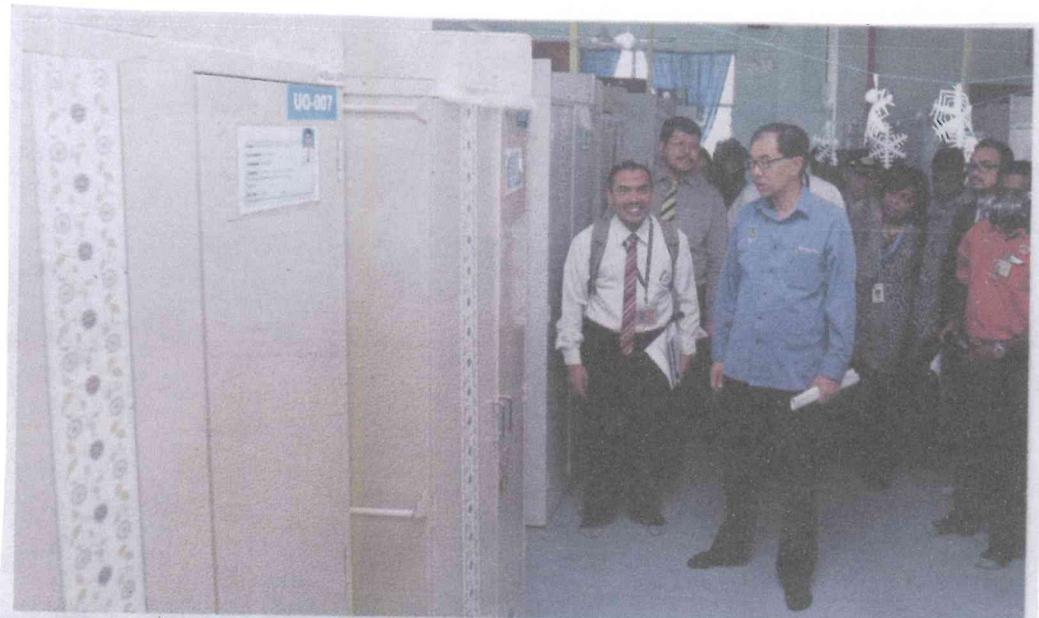


HILMI YAHAYA

AKHBAR : MALAY MAIL

MUKA SURAT : 2

RUANGAN : TOP NEWS



Dr Mah inspects MRSM Taiping where 11 of its students were diagnosed with TB. — Picture by Kosmo

TB student stayed in hostel for two months

By Jonathan Edward
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PETALING JAYA — Students at Maktab Rendah Science Mara in Taiping were exposed to a student who had tuberculosis for two months before the disease was diagnosed.

A source from the Health Ministry told *Malay Mail* the first student diagnosed with tuberculosis at the hostel had developed a cough and received treatment for it in June and was only diagnosed in August last year.

"The initial patient had displayed flu-like symptoms such as coughing and a fever. He was taken to a clinic and was treated for symptoms after which he was sent back to the hostel," he said.

"During the next two months he spread the disease to other students as they lived in a confined space and ate, studied and slept together."

The student was only removed from the hostel after he had been diagnosed via sputum culture and chest X-ray, but by November and December other students had started displaying symptoms.

"Typically a persistent cough which lasts for more than two weeks is a red flag. Typically a sputum test combined with a chest X-ray will be sufficient to detect presence of the disease," the source said.

"There is a blood test available but it is very costly and is only available at certain medical centres."

It was reported yesterday 11 students at the hostel had been diagnosed since last year with one having been fully cured and ten currently receiving treatment.

In an email response, the Health

Ministry's Centres for Disease Control and Prevention said the only current protection against the disease was through the Bacillus Calmette Guerin (BCG) vaccine.

"All reported cases in Taiping had received the vaccine. It protects against the most severe forms of TB such as TB Meningitis and TB Military but not against pulmonary TB," it said.

"Individuals staying for a length of time with an infected person are at risk of contracting TB as are those with a weakened immune system such as diabetics and the elderly."

The CDC also noted TB was not a "disease of the past" and was in fact constantly present in the population, an endemic disease which had a long incubation period.

"The disease is in the population and there were 25,739 registered cases nationwide in 2016, up from the 24,220 cases recorded in 2015," it said.

Additionally, the CDC said the ministry had developed several specific guidelines for management of the disease in the country.

The guidelines consist of screening, diagnosis, investigation, treatment, follow-up, prevention and referral for TB cases including measures against drug resistant strains of the disease.

"TB is an infectious communicable disease and every possible measure to mitigate its impact on the public's health will be taken to guard against it," it said.

Parents of students at the boarding school were urged by Majlis Amanah Rakyat (Mara) deputy director (Education) Abdul Halim Abas not to "panic".

In a statement, Abdul Halim sought to allay fears of a wider outbreak at the hostel

which houses 784 students.

"Mara has taken all necessary steps to ensure the spread of the disease is under control as advised by the Perak Health Department," he said.

"All students and teachers at the facility have been subject to a health screening to ensure no one else had been infected."

"We urge the public especially parents at the MRSM to not panic over reports."

On Wednesday, Perak health committee chairman Datuk Dr Mah Hang Soon said from 11 students who were infected, 10 had been receiving treatment at private medical institutes, the Taiping Health Clinic and the Taiping Hospital for the past six months.

Dr Mah had said the Health Department was investigating the source of the contagious disease.

In Ipoh, Perak, Deputy Education Minister Datuk Chong Sin Woon said once an infectious disease was reported in a school, school administrators need to follow a standard operating procedure on who to report to and the type of action to be taken.

"There is a step-by-step measure to be taken. On the first day report to the district education department, third day submit a report to the department, and by the week's end, a full report must be submitted to the ministry for further action," he said.

Speaking to reporters after opening National Type Secondary School Principal Council annual general meeting here yesterday, Chong said the same SOP applied to emergencies.

He said he did not have the statistics on the number of students infected by infectious disease.

AKHBAR : THE STAR**MUKA SURAT : 15****RUANGAN : NATION**

Shorter stays at emergency unit

Sabah hospital moves to clear congestion caused by lack of beds

By STEPHANIE LEE
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KOTA KINABALU: Health officials here are reviewing standard operating procedures to overcome congestion at the Emergency and Trauma Unit of Queen Elizabeth Hospital (QEH).

The move came about after many patients had to remain at the emergency unit for days due to lack of beds at the wards.

Health Ministry secretary-general Datuk Seri Dr Chen Chaw Min said they were looking at ways to resolve the problem amid public complaints that patients had to stay in emergency units up to a week at QEH and QEII here.

He said there were standard operating procedures for emergency wards where a patient needed to be treated and transferred to a

ward within a certain time frame.

"But the number of patients has increased, and this may have contributed to the problem," he said after an excellence-in-service award presentation ceremony here yesterday.

Dr Chen said congestion at emergency wards was also a result of unsystematic arrangements.

Sometimes patients who were not categorised as an emergency were treated or ward-ed at emergency wards, he said.

"We are trying to get clinics in hospitals to open later so that patients can get the medical attention they need instead of heading straight to emergency," he said.

He said patients could also make use of cluster hospitals in their areas.

Cluster hospitals complement each other in terms of medical facilities, technology and specialists, and involve the sharing of medical

specialists and improvement of medical facilities.

Speaking at the event, Dr Chen urged all medical practitioners to provide quality services to patients.

He said various incentives had been given to medical staff to boost their work ethics and offer better services to patients.

On recent reports of poor discipline among housemen, including absenteeism, Dr Chen said a contractual agreement had been introduced for housemen.

"We now have contracts for those wanting to work as housemen and those who do not perform according to expectation will not have their contracts renewed," he said.

Dr Chen said they were also working with colleges to restrict the intake of medical students, as there were too many graduates and not enough jobs for them.