

KKM Staff Registration Form

DATE	24 FEB 2018 (SABTU)
Venue	START / FINISH at TAMAN WETLAND, PUTRAJAYA
Flag Off	7.00 am
Target Participant	3,000 participants (Malaysian only)
Organized by	Kelab Sukan & Kebajikan Ibu pejabat Kementerian Kesihatan Malaysia (KESKIP)
Official Information Website	www.moh.gov.my
Official Promotion Portal	www.facebook.com/healthy lifestyle run & ride 2018
Official KESKIP Portal	www.facebook.com/keskipkkm

CODE	CATEGORY	AGE GROUP	DISTANCE	GUN TIME
A	MEN'S OPEN	18 & ABOVE	10 KM	7.15 AM
B	MEN'S SENIOR	40 & ABOVE		
C	WOMEN'S OPEN	18 & ABOVE		
D	WOMEN'S SENIOR	35 & ABOVE		
E	INDIVIDUAL FUN RUN (Run + walk)	open	5KM	7.30 AM
F	INDIVIDUAL FUN RIDE (Cycling)	open	15 KM	7.00 AM

ENTITLEMENT	10KM - RUN	5KM - FUN RUN	15KM - FUN RIDE
	Dry Fit T-Shirt	Dry Fit T-Shirt	Dry Fit T-Shirt
	Finisher Medal	Finisher Medal	Finisher Medal
	E- Certificate	Certificate - Printed	Certificate - Printed
	Bib Number & Timing Chip	Bib Number	Bib Number
	Food Refreshment	Food Refreshment	Food Refreshment
	Goodies Bag	Goodies Bag	Goodies Bag

FEES	CATEGORY	NORMAL FEES
	A, B, C, & D(Competitive Run) -10KM	RM50
	E (FUN RUN + WALK) – 5KM	RM35
	F (FUN CYCLING) – 15KM	RM35

RPC	ITEM NO	INFO
	VENUE	Ground Floor @ Lobby, MENARA PRISMA, No. 26, Persiaran Perdana, Presint 3, Putrajaya (Bersebelahan Perbadanan Putrajaya)
	DATE	23 rd FEB 2018 (Friday)
	TIME	10.00am – 10.00pm Only

*** PLEASE BRING ALONG PROOF OF PAYMENT AND STAFF ID CARD WHEN COLLECTING YOUR RACE KIT. IF COLLECTING RACE KIT ON BEHALF, PLEASE BRING CONFIRMATION AND PHOTOCOPY MY CARD AS PROOF OF PARTICIPATION OF THIS EVENT. THERE WILL BE NO RACE KIT COLLECTION DURING EVENT DAY.

PRIZES	CATEGORY	1	2	3	4	5
	A- MEN'S OPEN (MAS) – 10KM Run	RM300	RM250	RM200	RM150	RM100
	B- MEN'S SENIOR (MAS) – 10KM Run	RM300	RM250	RM200	RM150	RM100
	C- WOMEN'S OPEN (MAS) – 10KM Run	RM300	RM250	RM200	RM150	RM100
	D- WOMEN'S SENIOR (MAS) – 10KM Run	RM300	RM250	RM200	RM150	RM100

* All winners will be required to produce legal proof of identification card and age in order to be eligible for prizes. Runners who fail to do so will have their rank and prizes forfeited.

INFO – Regulations

T&C

- a. Registration of this event is open to MALAYSIAN only.
- b. Children 12 years old and below must have parental guidance to participate in this event.
- c. Participants must complete the registration form and agreed with the rules and regulation of the event. Organizer reserve the right to amend rules and regulation without giving notification.
- d. The organizer has the right to modify or substitute any of these rules and regulations of the event from time to time.
- e. Once register and payment has been made, entry fees are non refundable for any reason unless organizer postpone or cancel the event.
- f. Those who run with unauthorized Bib number will be disqualified.
- g. Organizer has the right to determine the winner prizes and subject to change
- h. Running t-shirt size are given based on first come first serve basis. Any changes on t-shirt will not be entertained.
- i. The race will starts at the starting point Taman Wetland, Putrajaya. Participant must follow the route mapping set up by organizer and ends at the finishing line same as the starting point.
- j. Winner will require to provide legal proof of My card in order to be eligible for the prize. Winner who fail to do so will have their rank and prize forfeited. Run using someone's bib number will disqualified from the event and not entitle for prize winner.
- k. Winner will be determine based on the timing chip system to track the fastest time reach finishing line.
- l. Finisher medal will be given to all participant for each category after they complete the race.
- m. Official ranking will be based on Gun Time. Gun Time, refer to the time taken at the start of the race usually indicated by a physical flag-off till the runner steps on the finishing line. Official ranking / results will be using timing chip system.
- n. Organizer reserve the right to stop participant who physically incapable to continuing with the race to avoid him/her from injury or harm.
- o. Organizer will take all reasonable precautions to ensure the safety of participants. However, every participant is responsible for his/her involvement in the race. The organizers will not be liable for any injuries, mishaps, sickness, death or loss/damage to personal property that may occur during the race.
- p. Any protests on the official result, kindly write in with evidence to the organizers within 30 minutes once the result is announced with protest fees RM200 in cash (protest fees in non-refundable).

TENTATIVE

Time	Subject
6.00 am	Runners & Cycling arrival
6.45 am	Warm Up
7.00 am	Flag Off – Fun Ride (Cycling)
7.15 am	Flag Off – 10km Running
7.30 am	Flag Off – 5KM Fun Run + Walk
10.00 am	Price Giving + Lucky Draw Session
11.00 am	Event Close + Dismantle equipment
12.00	End

Enquiries / Registration (Walk-In – Cash Only)

Norhanifah Yeop : +6012-239 4066
 Bahagian Pengurusan Latihan KKM
 Aras 6, Menara Prisma, Presint 3, Putrajaya.

Nurul Akhma Abd Hamid : +012-789 3910
Nor Zaiman Zinal : +6011-1086 5235
 Bahagian Perkembangan Perubatan
 Aras 4, Blok E1, Kompleks E, Presint 1, Putrajaya.

Bank-in

TETUAN KELAB SUKAN DAN KEBAJIKAN IBU PEJ

Account Number : 1601 80100 23971

Please email Proof of payment and registration form to :

keskip.ipkkm@gmail.com



ULTRON® micro-dry™



Cutting Style	Size / Length	Half Chest Length (Inches)	Half Waist Length (Inches)	Shirt Length (Inches)
Unisex Athele-Fit	2XS	17"	17"	24"
Unisex Athele-Fit	XS	18"	18"	25"
Unisex Athele-Fit	S	19"	19"	26"
Unisex Athele-Fit	M	20"	20"	27"
Unisex Athele-Fit	L	21"	21"	28"
Unisex Athele-Fit	XL	22"	22"	29"
Unisex Athele-Fit	2XL	23"	23"	30"



Participant Form

**Kementerian Kesihatan Malaysia Only*

CODE	CATEGORY	AGE GROUP	
A	MEN'S OPEN	18 & ABOVE	
B	MEN'S SENIOR	40 & ABOVE	
C	WOMEN'S OPEN	18 & ABOVE	
D	WOMEN'S SENIOR	35 & ABOVE	
E	INDIVIDUAL FUN RUN (Run + walk)	Open	
F	INDIVIDUAL FUN RIDE (Cycling)	Open	

**Please choose your category above. One category only per registration*

SIZE		SIZE		SIZE		SIZE	
2XS		M		XL		3XL	
S		L		2XL		4XL	

NO	STAFF DETAILS	(PLEASE FILL IN THE INFORMATION WITH CAPITAL LETTERS)
1	Name:	
2	Staff ID	
3	Department:	
4	Address:	
5	IC:	
6	Tel (H/p):	
7	Tel (Office):	
8	Blood type:	

No	DETAILS	(PLEASE FILL IN THE INFORMATION WITH CAPITAL LETTERS)
1	Emergency name:	
2	Tel (H/p):	
3	Relationship:	
4	Address:	

***please attach copy of your staff ID**

	By ticking this box, I agree that I have read and understood the Event Terms & Conditions (Rules & Regulations)
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Signature:

Date:

Family Participant Form

**Kementerian Kesihatan Malaysia Family Members only (staff, spouse and children)*

CODE	CATEGORY	AGE GROUP	
E	INDIVIDUAL FUN RUN (Run + walk)	Open	<input type="checkbox"/>
F	INDIVIDUAL FUN RIDE (Cycling)	Open	<input type="checkbox"/>

NO	STAFF DETAILS	(PLEASE FILL IN THE INFORMATION WITH CAPITAL LETTERS)
1	Name	
2	Department	
3	IC	
4	Tel (H/p)	
5	Tel (Office)	
6	Blood type	

NO	FAMILY DETAILS	(PLEASE FILL IN THE INFORMATION WITH CAPITAL LETTERS)
1	Name	
3	IC	
4	Tel (H/p)	
4	Relationship	

NO	FAMILY DETAILS	(PLEASE FILL IN THE INFORMATION WITH CAPITAL LETTERS)
1	Name	
3	IC	
4	Tel (H/p)	
4	Relationship	

NO	FAMILY DETAILS	(PLEASE FILL IN THE INFORMATION WITH CAPITAL LETTERS)
1	Name	
3	IC	
4	Tel (H/p)	
4	Relationship	

SIZE		SIZE		SIZE		SIZE	
2XS		M		XL		3XL	
S		L		2XL		4XL	

No	DETAILS	(PLEASE FILL IN THE INFORMATION WITH CAPITAL LETTERS)
1	Emergency Name	
2	Tel (H/p)	
3	Relationship	
4	Address	

***please attach copy of your staff ID**

Signature:

Date:

	By ticking this box, I agree that I have read and understood the Event Terms & Conditions (Rules & Regulations)
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