

BORANG ARAHAN PROSEDUR ORTOPEDIK

JABATAN ORTOPEDIK HOSPITAL
BORANG ARAHAN PROSEDUR ORTOPEDIK

NAMA	:		
NO PENDAFTARAN	: TARikh:		
DIAGNOSIS	: KLINIK / A&E / JPL:		
ANGGOTA TERLIBAT: KIRI / KANAN		BAHAN : POP / FIBERGLASS	
JENIS POP/BACKSLAB :	BELOW ELBOW <input type="checkbox"/>	ABOVE ELBOW <input type="checkbox"/>	HANGING CAST <input type="checkbox"/>
	BELOW KNEE <input type="checkbox"/>	ABOVE KNEE <input type="checkbox"/>	SCAPIOID CAST <input type="checkbox"/>
	PTB <input type="checkbox"/>	CYLINDER <input type="checkbox"/>	BENNETT CAST <input type="checkbox"/>
	BOOT <input type="checkbox"/>	BODY CAST <input type="checkbox"/>	GUTTER SPLINT <input type="checkbox"/>
	VOLAR <input type="checkbox"/>	U-SLAB <input type="checkbox"/>	THUMB SPICA <input type="checkbox"/>
OFF :	POP / BACK SLAB <input type="checkbox"/>	K WIRE <input type="checkbox"/>	EXTERNAL FIXATOR <input type="checkbox"/>
LAIN-LAIN :			
CMR :			
	DRESSING <input type="checkbox"/>	STO <input type="checkbox"/>	WOUND INSPECTION <input type="checkbox"/>
DIARAH OLEH PEGAWAI PERUBATAN			
..... (cop)			

**ADVICE FOR PATIENT WHO HAD UNDERGONE APPLICATION OF
PLASTER**

Health Education :

- 1 Encourage movement of extremities
- 2 Do not attempt to dry heat.
- 3 Do not get plaster wet.
- 4 Do not cut or change the shapes of the plaster.
- 5 Do not scratch skin or introduce foreign objects into the plaster.
- 6 Do not bear weight on plaster unless you have been told otherwise.
- 7 Advise care of wound - if indicated

**Advise patient to return to Orthopedic clinic / Emergency department
immediately if complication develops:**

- 1 Swelling
- 2 Severe pain
- 3 Numbness
- 4 Change in colour of extremities
- 5 Broken Plaster of Paris
- 6 Fever
- 7 Foul smell