

## HOME SURVEILLANCE TOOL

1. Patient Under Investigation (PUI) / Self Assessment for person with symptoms and signs of respiratory tract infection but is not warded.
2. Close contact of person infected and positive of COVID-19

Name	:	
No. Identity Card	:	
No. Telephone	:	Mobile: ..... Home: .....
Type of exposure:		<b>Category (1) OR (2)</b> (please circle an appropriate choice and fill the details below)
Home Address	:	:
<b>PATIENT UNDER INVESTIGATION (PUI)</b>		
Date Arrival in Malaysia	:	
Flight No.		
Date of symptom onset	:	
<b>CLOSE CONTACT OF POSITIVE COVID-19 CASE</b>		
Relationship with case	:	
Date of exposure to case *	:	

\* please state the date of first contact

## TABLE FOR DAILY MONITORING

**INSTRUCTION:** Please(√) the symptoms that you experience for each day.

Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7
Date: ...../...../.....	Date: ...../...../.....	Date: ...../...../.....	Date: ...../...../.....	Date: ...../...../.....	Date: ...../...../.....	Date: ...../...../.....
<b>Symptoms :</b> Fever ( ) Cough ( ) Shortness of breath ( )	<b>Symptoms :</b> Fever ( ) Cough ( ) Shortness of breath ( )	<b>Symptoms :</b> Fever ( ) Cough ( ) Shortness of breath ( )	<b>Symptoms :</b> Fever ( ) Cough ( ) Shortness of breath ( )	<b>Symptoms :</b> Fever ( ) Cough ( ) Shortness of breath ( )	<b>Symptoms :</b> Fever ( ) Cough ( ) Shortness of breath ( )	<b>Symptoms :</b> Fever ( ) Cough ( ) Shortness of breath ( )

Day 8	Day 9	Day 10	Day 11	Day 12	Day 13	Day 14
Date: ...../...../.....	Date: ...../...../.....	Date: ...../...../.....	Date: ...../...../.....	Date: ...../...../.....	Date: ...../...../.....	Date: ...../...../.....
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**NOTE:** Days of self monitoring can be added to the instructed period IF a person has recurrent exposure to the risk of infection.

**Please do all the below while you are under *home surveillance*:**

- Be contactable at all time.
- Stay at home during the self-monitoring period.
- Limit visitors to your house.
- List the name of those visiting you.
- Always practice good cough etiquette.
- If you develop any symptom, always wear face mask. If you did not wear *face mask*, close your mouth and nose with tissues when coughing or sneezing. Throw the tissues into closed dustbin and **immediately WASH YOUR HANDS** with soap or hand sanitiser.
- Limit your distance with healthy person (s) to at least 1 meter.
- Wear face mask when you go out of your room and avoid contact with others.
- Open all windows in your house to ensure good ventilation.
- Do not share utensils, tableware and personal hygiene items.

**MONITOR YOURSELF FOR DEVELOPMENT OR WORSENING OF SYMPTOMS**

**IF YOU ARE CATEGORY 1: Patient Under Investigation (PUI) / Self Assessment for person with symptoms and signs of respiratory tract infection but is not warded.**

If your symptoms worsen, such as:

- Difficulty in breathing – shortness of breath, fast breathing or lips turning blue; OR
- Prolonged fever more than 3 days

**IMMEDIATELY contact the District Health Office at \_\_\_\_\_.**

**IF YOU ARE CATEGORY 2: Close contact of person infected and positive of COVID-19**

If you develop any fever or cough or sore throat, **IMMEDIATELY contact the District Health Office at \_\_\_\_\_.**