



MINISTRY OF HEALTH MALAYSIA

Our Ref.:

District Health Office

 Telephone No:

To:

Name:
 Identification Card / Passport No:
 Address:

Order For Supervision And Observation At Home For Contact Of 2019-Novel Coronavirus (2019-nCoV) Infection Under Section 15(1) Prevention And Control Of Infectious Disease Act 1988 (Act 342)

You had been identified as contact to a confirmed case of 2019-nCoV infection and there's possibility that you may have been exposed 2019-nCoV infection. Under Section 15(1) Prevention and Control of Infectious Diseases Act 1988 (Act 342), an authorized officer may order you to be isolated at home based on epidemiological needs of the said infection.

2. To carry out the order under section 15(1) Act 342, I, the authorized officer hereby place you under the order for supervision and observation at home as per address above with conditions as set out in '**Appendix A**'.

3. During the specified duration that you're placed under supervision and observation, you are required to comply with the order prescribed. Under Section 24 of the same Act, failure to comply with this order, if convicted; in respect of a first offence, to imprisonment for a term not exceeding two years or to fine or both; in respect of a second or subsequent offence, to imprisonment not exceeding five years or to fine or both; in respect of a continuing offence, to a further fine not exceeding two hundred ringgit for every day during which such offence continues.

The Authorized Officer	
Name :	
Designation :	
Date & Time :	
Confirmation On Receiving A Copy Of The Order By The Individual Placed Under Supervision	
Name :	
IC / Passport No. :	
Date & Time :	
Signature :	

Supervision And Observation Order At Home For Contact Of 2019-Novel Coronavirus (2019-nCoV) Infection Under Section 15(1) Prevention And Control Of Infectious Disease Act 1988 (Act 342)

Actions To Be Adhered To During The Supervision And Observation Period

A. Stay In Home As Per Address Above

- i. Mandatory to stay at the home as per address above starting from till at all time.
- ii. At all time, maintain isolation from other family members, for example, living in a separate room. If need arise to interact with other family members, wear a mask.
- iii. Make arrangement with family members / friends for procurement of daily needs.
- iv. If you have to leave the home for emergency reasons, kindly contact and seek advice from the District Health Officer concerned at this number:
- v. If assistance required for procurement of daily needs, please contact:
- vi. As possible, avoid interactions with family members / friends. If family members / friends visited you, it is your responsibility to register their name, contact number and date of their visit.
- vii. The spouse, children, siblings and any other dwellers in the same house who are NOT subjected under similar order are FREE to continue with their daily routine.
- viii. You will be released from undergoing the supervision and observation order after 14 days from the last date of exposure to the confirmed case.

B. Observation Of Infection Symptoms

- i. Monitor body temperature daily for duration of FOURTEEN DAYS (14) beginning from this date:
- ii. Face mask must be worn at all time if you have a fever or cough prior to arrival of medical assistance.
- iii. If you are experiencing any of the following symptoms, **IMMEDIATELY** inform the District Health Officer concerned at this telephone number:..... for further management:
 - a. Breathing difficulties – shortness of breath, rapid breathing or purple/blue discolouration of the lips
 - b. Coughing out blood or blood streaked sputum
 - c. Persistent chest pains
 - d. Fever persisting beyond 3 days or recurring after 3 days
 - e. Continuous fever for more than 3 days or recurring fever after 3 days;

C. Maintain Personal Hygiene

- i. Maintain good personal hygiene such as frequent hand washing with soap and water or hand sanitizer, especially after coughing or sneezing.
- ii. Practice good cough etiquette. Cover your mouth and nose with a tissue when coughing or sneezing. Immediately after that, dispose of the soil tissue into a close dustbin.
- iii. Maintain good ventilation in the house.
- iv. Clean surfaces and objects that may be contaminated with phlegm, cough / sneezing fluids or similar fluid from the nose or mouth using disinfectant solutions such as Clorox. The recommended mix is 1 part of clorox to 50 parts of water.

D. Prohibited Matters

- i. Removal of face mask when visited by relatives or friends.
- ii. Leaving the home as per address above for grocery shopping, strolling to the playground or visiting public places.

WARNING

Checks will be conducted from time to time to ensure that the above mentioned commands are complied with and failure to comply with these commands may subject you to be imposed with court action.